

38TH SHAHZADA 2018

Shahzada 400 Inc -Incorporation # INC9885070



27th to 31st August 2018

Pre-ride book
Price \$5
Riders and Strappers, please read
this book from cover to cover





Best Managed and Best Conditioned Horse Award - 2017

Robert Catlin and Avita, Best Managed and Conditioned Horse Award at the 2017 Shahzada. They completed the course in 41 hrs 37 mins.

The rug for the 400 km Best Managed and Conditioned horse was donated by Peter and Lyn McKechnie. The perpetual and replica gold cups were donated by Sharyn and the late Rex Cox.



Richard Summerfield and Arabika Cuetee, who travelled from Western Australia were winners of the Halifax Hayes Fit & Well award.

Completing the course in a time of 51 hours 30 mins



The Mystery Team award sponsored by Animal Focus:

Sue Warren, Ruth van der Wegen, Sue Todd and Zoe Locke.

All Photos Supplied by Animal Focus

CONTENTS

	CONTENTS
Page	Subject
1	Front Cover - Melissa Longhurst riding Pioneer Park Wings of Sudan, line honours and 1st LWT,
2	Best Managed / Conditioned Horse 2017,
3	Contents, Contacting Shahzada, Daily Results on Internet & On Arrival.
4	The Team, The Vets, Shahzada is Unique
5	400 km Ride Rules
6	Programme of Events
7	Chairman's Welcome
8	Previous statistics, Best Managed / Conditioned Horses, Please Consider Residents,.
9	Previous Fastest Times.
10	Sponsors & Friends, St Josephs Guest House Accommodation, Prices, Opinions.
11	Last Minute Info, SMS, Phone, Email, Results Book, PA, Water on Course, Weather Maps
12	Wicen Radio Communications, Electrical safety, Credit cards.
13	· · · · · · · · · · · · · · · · · · ·
13	Time Keeping Procedures, Gates, No Bull, Compulsory Wearing of Helmets.
15	Photographer - Jo Arblaster, Local Road Names. Services & Contacts
16	Respect for Property, Nearest Supermarket, Gas Refills. St Albans Court House B&B.
17	Horse Feed, Price Morris Cottage B&B, Biosecurity & Temperatures.
18	Massage Therapists,
19-22	Mini Marathon - Rules and Maps
23	Head Vet Welcome & Chief Steward's Welcome
24-25	Log Book Procedure at Shahzada.
25	Team Events, Daily printouts.
26	Ride Base Co-ordinator, Firewood and Camp Fires, Jobs Roster, Garbage, No Rubbish on
	Track please, Clearing up after horses, Track Markers, Definition of Village Area.
27	Must Remember check list, Camp Site IDs, Showers, St Albans bridge
28	No Glass please, Water in Town, Dogs, Camp Site Etiquette, Horses Travelling on Roads.
29	Handy Hints
30	Perpetual Trophy for Best Managed and Conditioned horse, Special Thank you to the Residents,
	Farrier, Contributors to Pre-Ride book, Sharing the Roads, Unloading Horses, Deposit on
	Ride Number Vests, Edinburgh Rugs.
31	The Shahzada song,
32	The Barn Canteen.
33	Settlers Arms Inn,
34-38	400km Daily maps.
39	Sue Todd and Alix Jones - 10th Shahzada Buckle
40	IRT Horse Transport, BTW Communications
1	

Contacting Shahzada

Camp Sites & Enquiries:		Internet Email at St Albans
Sue Todd, 285 The Gullies Rd	Shahzada Phone at St Albans	during the event:
Glen Davis NSW 2846	in the week leading up to and	Email: suetodd@activ8.net.au
(02) 6379 7218	during the event	
Email: suetodd@activ8.net.au	(02) 4568 2173	

On Arrival at Shahzada

On arrival at Shahzada, please remember to go to Camp Site control in the vetting area in Bulga St (behind the Settlers Arms). Hand in your horse health decs Collect your campsite identification number and be shown to your camp site by Camp Site Placements, Sue Todd.

	Shahzada 400 Inc.	
The Team:		
Chairman / Co-Ordinator / Public Officer	Neil Clarkson neil@kwikkopyliverpool.com.au	0427 258 291
Vice Chairman, Treasurer / Maintenance	Peter McKechnie	
	tiptopsmash@bigpond.com	
Pre-ride Secretary, Camp Site recording, Organiser	Sue Todd suetodd@activ8.net.au	02 6379 7218
Ride Operations Co-ordinator	Neil Clarkson	0427 258 291
Ride Secretary on site at St Albans	Kerry Fowler-Smith assisted by Carol Griffiths	
Ride Base Co-Ordinator	Peter McKechnie tiptopsmash@bigpond.com	
First Aid Officer	Rhys Powell	
Head Vet	Dr Emily Streckfuss	
Head Chief Steward	Haydn Fisher	0428 324 449
Assistant Chief Stewards	Neil Clarkson	02 6373 3932
Track Maintenance & Marking Co-ordinator	Haydn Fisher	0428 324 449
Camp Site Placements	Sue Todd	02 6379 7218
Promotions & Publicity &Jo Arblaster	Sue Todd	02 6379 7218
Co-ordinator of Volunteers	Sue Todd	02 6379 7218
Merchandising Co-ordinator & Sales	Bonnie Robinson & Gail Fisher 02 4568 2258	02 6373 3932
Ride Recorder, Web site, Public Address, Editor for Pre-ride & Post ride Books	Sue Todd & Neil Clarkson	
Most of the team will be at St Albans in the week	before Shahzada as well as during the event.	02 4568 2173

Our Vet Team for 2018

Dr Emily Streckfuss, Dr Georgiana Sheridan, Dr Darien Feary and Dr. Georgia Ladmore.

Rules of the Vet Area

- 1. Ride numbers must be worn by the horse attendant in the vetting area, including the trot out.
- 2. No Heart Rate Monitors, Buckets or Horse Feed permitted.
- 3. Dogs & pushbikes are not permitted, except dogs attending the dog races.
- 4. Vetting disputes MUST be resolved before you leave the vetting area. See page 4 rule 21. The Head Chief Steward is Haydn Fisher.
- 5. 400km entrants will be given priority over Mini Marathon entries in the vetting area.

Shahzada is Unique.

The Shahzada is a unique marathon endurance horse ride where the emphasis is on completing the whole 400 km course with both Horse and Rider, Fit and Well. We do record the entrant who finishes with the fastest riding time, but emphasise that it is NOT A RACE. The first rider to successfully finish is not considered as a winner any more than the last rider to successfully finish. We want all entrants to successfully complete the Test of horse management, within the laid out time and course constraints, Fit and Well.

We expect that riders will help each other if there is a problem and ensure that adequate space is maintained between entrants when on the narrow or steep sections of the course to prevent problems from occurring. Chaperones will be available on the Steps to assist riders who are concerned with this part of the course.

We also look forward to riders in the Mini Marathon event graduating to the 400 km Test in future years. Very importantly, we want your successful Shahzada experience to be fun.

Daily results for the 400km and the Mini Marathon Ride are expected to be available after about 7 pm each day on the Internet. **http://www.shahzada400.com**

Riding rules for the 38th 400km Shahzada

- The entry fee for all sections of 400km Shahzada is \$550 per rider which includes camp site & National Parks & Wildlife Service fees. Pre-nomination entries close 1/8/18, limit 100 entrants.
- 2. Changes of the pre-nominated horse or rider are permitted up until the time of vetting.
- 3. Finalisation of entries after pre-nomination will only be accepted until 4.00 pm on Sunday, 26/8/2018.
- 4. No refunds or substitutions will be made if the horse nominated is not allowed to start or withdrawn after the pre-ride vetting. In case of withdrawal before vetting, after payment of an entry fee, you will receive a refund of the entry fee paid less a withdrawal fee. If you withdraw before vetting on 26/8/2018 the withdrawal fee is \$50.00. Withdrawals will be refunded after the Shahzada.. Refund cheques must be banked before 30/9/2018. Cheques which remain unbanked after 30/9/2018 will be cancelled. You must advise the Ride Recorder personally if you want to withdraw. Phone Sue Todd on (02) 6379 7218 or email suetodd@activ8.net.au .Camp sites will only be allocated after pre-nomination. Horses occupying a camp site at Shahzada, which are not entered or withdrawn pre-vetting, will incur a \$50 camp site fee in addition to the appropriate withdrawal fee, as above.
- 5. The junior section is for riders who are under 18 years in 2018. All rules apply with the exception of weight. Entry forms for all entrants under 18 years of age must be counter signed by a parent or legal guardian plus a completed & signed PARENT / LEGAL GUARDIAN CONSENT RIDERS DECLARATION form MUST be presented on arrival.
- 6. All horses and riders must be present for confirmation of correct horse & pre-ride veterinary inspection between 1.00 and 4.00 pm Sunday 26th August 2018. The Shahzada committee reserves the right to refuse entry to any horse or rider.
- 7. There will be a 'shotgun' start on day 1. Start time will be 4 am or as announced at the initial pre-ride talk. All entrants must be present for departure at the announced time on day 1 & must start within 15 minutes of the nominated start time.
- 8. After the compulsory start time on day 1, riders can choose their departure times on days 2 5, within the daily limits shown in the program & as varied from day to day by the committee in extreme circumstances. Departure times may not be before 4.00 am & all nominated legs must be completed before 5.00 pm, except under special circumstances. The maximum allowed riding time each day is 12 hours.
- 9. There will be a compulsory minimum stop of 1 hour between legs on the same day, however riders may stop in the base camp checkpoint longer if they choose. Horses must remain in the village area, (see page 26), during all rest periods between all legs for the duration of the event, ie, day & night. After the start, riders will not be timed out until they depart on each leg. Riders will not be allowed out on leg 2 until the Wicen Radio Operators and gate stewards are in place.
- 10. All legs of the course must be ridden in the order as set out by the committee. There will be two legs, totalling approximately 80 km per day. Refer to the daily maps for more detail.
- 11. Ride numbers must always be worn on the front & back of each registered rider when riding on the course & by the horse attendant in the vetting area in addition to when trotting out. Rider numbers must not be obscured at any time.
- 12. All horses will be examined at 30 minutes after arrival at the end of each leg. (Horses may be presented between 15 minutes and no later than 30 minutes after returning from the course). Heart rate recovery levels will be 55 b.p.m. at the first check on the first day & 60 b.p.m at all other checks or as specified by the AERA. There will also be an examination for unsoundness and metabolics at each check.
- 13. Riders are responsible for the behaviour of their strappers & friends. Dogs must be kept on leads & under control at all times. No dogs or bicycles are permitted in the vetting area, except for the dog races. Riders are personally responsible for the payment of all accounts before leaving St Albans, especially accounts for veterinary and farrier services, supply of horse feed and power.
- 14. All horses and riders entered in the SHAHZADA MEMORIAL ENDURANCE TEST compete at their own risk. The wearing of ASA approved HELMETS is COMPULSORY at ALL TIMES that you are on your horse at Shahzada. This includes ALL riders, in ALL divisions of Shahzada. Lit headlights must be worn pre-dawn. The organisers reserve the right to call an ambulance or medical evacuation in the event of any medical incident.
- 15. Only horses entered in the Test will be permitted on any part of the course while the event is in progress, from 4.00 am Monday 27th August 2018 to 5.00 pm Friday 31st August 2018.
- 16. Riders not entered in the event or who have retired and wish to exercise their horses, must see the chief steward for information and permission on which part of the course is available to ride daily.
- 17. Each horse's start, finish and total riding time in addition to the pulse of the horse will be recorded daily.
- 18. Horses eligible for the Best Managed & Conditioned Horse Award are chosen at the discretion of the veterinary team. The presentation of this award will be made at the presentation on Saturday morning 1/9/2018.
- 19. The committee reserves the right to vary the riding rules at any time. If this is necessary entrants will be notified.
- 20. Current ERA membership card must be shown on arrival by all entrants. ERA riding rules apply.
- 21. Riders must be weighed pre-ride with gear & randomly during the week on request. Any rider not pre-weighed must not start.
- 22. In the event of an appeal against a veterinary decision, the rider must lodge the appeal with the Head Vet or Chief Steward of Shahzada 400 Inc **before** the horse leaves the vetting area. The appeal will then be heard by the appeals committee. Once the horse has left the vetting area no appeal will be considered. There will be a \$20.00 appeal fee.
- 23. Unless specified by the Shahzada committee, crossing on the St Albans bridge is prohibited and will result in disqualification from the ride.
- 24. The ride is under the control of the Veterinary team and the Chief Steward.
- 25. Ride numbers must be worn during presentation & returned on completion of presentation on Saturday morning, 1/9/2018.
- 26. All riders must attend the evening pre-ride talks.

PROGRAMME OF EVENTS

All times are provisional, subject to change by announcement on the Shahzada PA or at the daily pre-ride talk.

All tilles at	e provisional, s	subject to change by	announcement on the Shanzada PA of at the daily pre-fide talk.
Saturday	25/8/2018	1 pm to 5 pm	Submit late pre-nominations and changes at Computer Shed
Sunday	26/8/2018	12 pm to 4 pm 12 pm to 4 pm 1 pm to 4 pm 4pm 6.30pm	Submit entry forms at Secretary's Tent, collect ride numbers Pre-ride weighing for all 400 km Riders at time keeper tent Pre-ride vetting for 400 km Shahzada "go to the pub for a drink before pre-ride and listen to Jake and Amy's music "Rum and Raisin". Pre-ride talk
Monday	27/8/2018	3.00 am 4.00 - 4.15 am 9 am to 11 am 11 am - 2 pm 6.30 pm	400 km First morning wake up call. Start the 400 km Test, <u>RED</u> markers Submit entry forms, collect ride numbers Mini Marathon Pre-ride vetting for Mini Marathon Pre-ride talk
Tuesday	28/8/2018	4 am to 5 am 6.30 am 6.30 pm	Start the 400 km Test, BLACK / WHITE markers Mini Marathon start Pre-ride talk
Wednesd	ay 29/8/2018	4 am to 5 am 6.30 am 6.30 pm	Start 400 km Test, <u>BLUE</u> markers Mini Marathon start Pre-ride talk
Thursday	30/8/2018	4 am to 5 am 6.30 am All day	Start 400 km Test, GREEN markers Mini Marathon start Dress-Up day, theme is Halloween or wear your PJ's in honour of Tanya Brownlee.
		About 2pm 6.30 pm	Afternoon Dog Races Pre-ride talk
Friday	31/8/2018	4 am to 5 am 10.30 am 6 pm to 11pm	Start the 400 km Test, <u>GOLD</u> markers Mini Marathon Presentation, then return number vest The Friday Night Entertainment will be at the Barn Canteen
Saturday	26/8/2018	8.00 am 8.30 am	Judging of Best Managed / Conditioned Horse Buckle presentation for the Ultimate Test
		End of presentation	riders hand in ride number vest

The photos in this booklet have been supplied by Animal Focus – Jo Arblaster www.animalfocus.com.au



Welcome to Shahzada

Welcome to the 37th Shahzada and the historic village of St Albans. It is a marathon for everyone involved, the horses, riders, strappers, support crews and helpers. For the riders, everyone who successfully completes the 400km course is a winner and the prize of a gold plated buckle, a unique status symbol, is truly earned.

This year we have the same fantastic bunch of officials as last year and we are privileged to have Dr Emily Streckfuss, as our head vet and we would like to welcome her and her team, Dr Georgiana Sheridan, Dr Darien Feary and Dr Georgia Ladmore to this unique event. Along with his many other jobs we again welcome Haydn Fisher as our Chief Steward.

Shahzada has a wonderful community spirit. We hope that all entrants will allow enough time before the start to settle into the surroundings of the base camp and we encourage the "Shahzada experienced" riders and crews to be prepared to help the Shahzada newcomers if and when it is needed.

One of the concepts of Shahzada founder, the late Halifax Hayes, is that the prize for successful completion with the slowest time is a gold plated Shahzada buckle, exactly the same as the fastest time.....everyone is a winner

Whilst the Mini-Marathon rides are a lot of good fun and a great way to soak up the atmosphere for the week, the committee hopes that they are used to find out what the 400km Shahzada is all about, with future plans of stepping up to the 400km Ultimate Test. Please remember that the main reason for this week is the 400km ride.

Preference will be given to the 400km horses in the TPR / vetting area and also whilst out on track please be considerate of the riders and horses doing the "ultimate test".

This year we lost 3 members of "The Shahzada Family"- Peter Norman, Wayne Johnson and Alan Clarkson. All three were top blokes and would give you their shirt off their back if it could help you they will be missed.

As always, I am extremely proud to be associated with the small but dedicated Shahzada committee who, together with their many helpers, make this event possible.

Your committee wishes you every success and hopes that you have a Fun Week... Neil



SHAHZADA STATISTICS

The Shahzada Memorial Endurance Test has been held annually in St Albans since 1981. There have been **2625** entries, with a total of **1311** successful completions gives an overall **50%** successful completion rate for the horses entered in this unique 400 km event.

BEST MANAGED AND BEST CONDITIONED HORSES

Year	Rider Name	Class	Horse Name	Total Time
1981	Patsie Sinfield	0	Juanita (Mule)	39:23
1982	Sue May	0	Nulliga	32:11
1983	Warwick Sinfield	0	Juanita (Mule)	29:08
1984	Patsie Sinfield	0	Juanita (Mule)	35:37
1985	Alan MacKinder	HW	Arabian Park Amierr	26:57
1986	Paul Grieves	HW	Gilgelad	36:14
1987	Alan Lindsay	0	Kintamani Fosta	30:56
1988	Allan Caslick	0	Richard	37:17
1989	Christine Froebel	0	Mulawa True Grit	28:06
	Matthew Walker	HW	Parlour Mountain Petra	28:49
1990	Sue May	0	White Faced Tom (Vanay Park Ambassador)	35:51
1991	Ron Malone	Н	Sarchedon	29:04
1992	Robin van der Wegen	0	Callyvah Sailor	38:30
1993	John Thielen	M	Cedardell-Simon	32:48
1994	Alan MacKinder	Н	Vanay Park Ambassador	36:47
1995	Paul Grieves	Н	Gilgelad	49.35
1996	Otto Van Kampen	M	Melfi	29.45
1997	Robert Ward	Н	Hawkesbury Impala	25.18
1998	Robert Ward	Н	Hawkesbury Impala	25.58
1999	Jennifer Gilbertson	M	Ralvon Reflex	28.31
2000	Liz McAuley	L	Binda	31.47
2001	April Bonham	M	Abrock Gemma	29.17
2002	Rex Cox	Н	Jasmine Minstrel	30.28
2003	Stuart Hitchcock	M	Flash-Lite	31.56
2004	Mark Harvey	M	Judstan Sharwayn	35.25
2005	Laurie Stevens	Н	Deravozra	44.54
2006	Gavin Groth	Н	Everon Park Krystl	49.04
2008	Melanie Anderson	L	Ausden Kon Tiki	41.04
2009	Garry Bennett	M	Karabil Yaningi	38.40
2010	Sue Todd	L	Shakista	39.36
2011	Melanie Scott	M	Zaar	41.28
2012	Jody Smith	Н	Rage On	41.51
2013	John Howe	Н	Ashbend Perazzi	47.47
2014	Margaret Boland	М	Rosebrae Cameo	44:11
2015	Stuart Lymbery	Н	Garonne Park Walker	42:31
2016	Debbie Pevy	М	Galaxy Mi	43:44
2017	Robert Catlin	Н	Avita	41.37

Please be considerate of the residents of the St Albans village and the Macdonald Valley whose normally peaceful domain you are entering while you are here for the Shahzada. Please keep to the marked tracks and trails at authorised times, observe all road rules, i.e. riding single file on the left hand side of the road, close gates when required, take only happy memories, a buckle and photographs, leave only hoof prints and with true sportsmanship help to make the year 2018 Shahzada the one worth remembering for residents and participants alike.

In Year Order FASTEST TIMES

111 1	cai Oruci I			
Year	Rider Name	Class	Horse Name	Total
1001	D 01.4		G 11	Time 29:30
1981	Darren Slattery	0	Conradclo	
1982	Darren Slattery Paul Chandler	0	Dunwingeri Djharda	30:46
1983		-	Cyclone	26:44
1984	Paul Chandler	0	Cyclone	28:35
1985	Paul Chandler	0	Cyclone	26:57
1006	Alan MacKinder	HW	Arabian Park Amierr	26.01
1986	Campbell Wood	0	Andarra Shareef	26:01
1987	Mark Freeman	0	Cedar Ridge Rob Roy	26:42
1988	Bill McMillan	0	Merridown Tasha	29:28
1989	June Petersen	0	Abbeline Lady Rebecca	27:22
1990	Alan Lindsay	0	Kintamani Fosta	31:22
1991	Allan Caslick	0	Richard	26:40
1992	Mark Freeman	0	Cedar Ridge Rob Roy	29:33
1993	Geoff Hurt	M	Kejome Komet	28:53
1994	Helen Lindsay	M	Kintamani Fosta	32:20
1995	Anne Jones	L	Kim Dande Tara	35.09
	Len Law	Н	Pilgrim Star	
1996	Robert Ward	Н	Hawkesbury Impala	27.32
1997	Robert Ward	Н	Hawkesbury Impala	25.18
1998	Robert Ward	Н	Hawkesbury Impala	25.58
1999	Jennifer Gilbertson	M	Ralvon Reflex	28.31
2000	Philip (Jock) Haworth	M	Sawaan Rose	30.01
2001	Stuart Hitchcock	M	Flash-Lite	26.47
2002	Rex Cox	Н	Jasmine Minstrel	30.28
2003	Stuart Hitchcock	M	Flash-Lite	31.56
2004	Melanie Finch	L	Jasmine Minstrel	34.27
2005	Dianne Luker	L	El Jannah Rafiq	35.28
2006	Brad Dillon	M	Evonglen Holmgaard	31.44
2008	Ken Bradley	Н	Phoenix Park Epona	35.00
2009	Courtney Freeman	L	Cedar Ridge Magnetic	36.34
2011	Linda Jonkers	M	Girilambone Orion	35.06
2012	Kim Hagon	M	Diamond R Boston	34.00
2013	Talea Hasko-Stewart	M	Blake's Heaven Bombora	34.29
	Fia Hasko-Stewart	L	Wantley Kaliph	
	Ian Curtis	M	Blakes Heaven Summer Reign	
2014	Ian Curtis	M	Blakes Heaven Summer Reign	35.02
2015	Matthew Gadsby	Н	Ra Silver Dancer	34:08
	Marion Lengronne	M	Kalkadoon Vienna	
2016	Melissa Longhurst	L	Pioneer Park Wings of	38: 56
2010	Mensoa Longiluist		Sudan	30. 30
2017	Melissa Longhurst	L	Pioneer Park Wings of	38: 56
		~	Sudan	50.50
L	1			

Allison Knihinicki and Velona Amadi at Shahzada 2017	
and Velona Amadi	
	and Velona Amadi

In Riding Time Order

	0	
Total	Rider Name	Year
Time	D 1 437 1	1007
25.18	Robert Ward	1997
25.58	Robert Ward	1998
26:01	Campbell Wood	1986
26:40	Allan Caslick	1991
26:42	Mark Freeman	1987
26:44	Paul Chandler	1983
26.47	Stuart Hitchcock	2001
26:57	Paul Chandler	1985
	Alan MacKinder	
27:22	June Petersen	1989
27.32	Robert Ward	1996
28.31	Jennifer Gilbertson	1999
28:35	Paul Chandler	1984
28:53	Geoff Hurt	1993
29:28	Bill McMillan	1988
29:30	Darren Slattery	1981
29:33	Mark Freeman	1992
30.01	Philip (Jock) Haworth	2000
30.28	Rex Cox	2002
30:46	Darren Slattery	1982
31:22	Alan Lindsay	1990
31.44	Brad Dillon	2006
31.56	Stuart Hitchcock	2003
32.19	Marion Lengronne	2010
32:20	Helen Lindsay	1994
34.00	Kim Hagon	2012
34:08	Matthew Gadsby	2015
	Marion Lengronne	
34.27	Melanie Finch	2004
34.29	Talea Hasko-Stewart	2013
	Fia Hasko-Stewart	
35.00	Ken Bradley	2008
35.02	Ian Curtis	2014
35.06	Linda Jonkers	2011
35.09	Anne Jones / Len Law	1995
35.28	Dianne Luker	2005
36.34	Courtney Freeman	2009
38.00	Melissa Longhurst	2016
38: 56	Melissa Longhurst	2017



Tori Bice and The Byzantine Diamonds

SHAHZADA SPONSORS AND FRIENDS

The year 2017 Shahzada Memorial Test is being supported by:

- IRT (International Racehorse Transport) provided 400km Shahzada riders vests.
- **KWIK KOPY LIVERPOOL** Printing the Pre-Ride and Post-Ride books, posters and certificates.
- **PETER AND LYN MCKECHNIE** are donating the rug for the best managed & best conditioned horse in addition to providing the Ride Secretary's tent, the New Shed for Computer, ARO Radio team and storage, Multiple grounds in the village and part of the course.
- **ZONE ONE** is providing a loan of their tent along with the Zone one trailer.
- **GRAEME AND JENNIFER GILBERTSON** are providing a loan of ride bibs.
- Rex Cox Perpetual Trophy has been donated by Sharyn and the late Rex Cox
- Mobile GG Spot, Jojubi Saddlery, Boot Scoots, Dynavite Products -Trade Stalls at Shahzada
- Suncrest Arabians Virginia Blain is donating the first Stallion to finish award.
- Allison & Michael Knihinicki are donating trophies for Youngest Successful Rider, Oldest Successful Rider, Last Rider Home, Rider Furthest Travelled and the teams events in the Shahzada 400 and the mini marathon.
- Animal Focus, Jo Arblaster Our Official Photographer
- **BTW** Committee Communications
- NSW POLICE, NSW AMBULANCE SERVICE AND CAREFLIGHT will be available if we need them. Again we hope that we will not need to call for their very professional support.
- HAWKESBURY COUNCIL who have continued to support Shahzada since its inception in 1981.
- LOCAL PROPERTY OWNERS AND NPWS. Without the co-operation of local property owners and the National Parks and Wildlife Service this Test could not take place. We are greatly indebted to all concerned. We impress upon all participants in the Test the necessity to treat all property with due respect.

The committee would ask you to remember these friends and promote their products whenever you can as a means of thanking them for their support of your Sport. The Test could not be run without the generosity of the property owners who allow us access, the myriad of voluntary helpers and the untiring support that our fabulous veterinary team provide. Thank you one and all!

Accommodation - St Josephs Guest House 1029 St Albans Rd St Albans 2775 Phone: 0418 293 732

Web site: http://www.stjosephsguesthouse.com.au/ Email: bookings@stjosephsguesthouse.com.au

Please note that all prices quoted in this booklet may be subject to change without notice.

Opinions expressed herein may not necessarily be those of the Shahzada committee.

NEED ANY INFORMATION ABOUT SHAHZADA?

If for any reason you want to know about weather conditions, river conditions or anything else about Shahzada immediately before or during Shahzada, ring the official Shahzada phone line **02 4568 2173** and speak to someone on the Shahzada committee. Please remember too, if you are worried about the weather conditions, then others will have similar concerns, so the phone line can be expected to be very busy. You should just keep on trying.

You can also check up on the web site shahzada. The file "St Albans Weather" will give you a brief idea of the conditions in the week before Shahzada. The daily results will normally be uploaded before 7 pm each evening of Shahzada. If the expected new version of a file does not display, press SHIFT while clicking RELOAD (Navigator) or CTRL while clicking REFRESH (Explorer) to get the latest version of the file, when you are looking for a second or subsequent time, if the information was not there the first time.

SMS, TELEPHONE, & EMAIL.

Outwards phone calls and SMS can use the Telstra public telephone opposite the Settlers Arms. When calling from the Telstra public phone its best to use a prepaid Telstra Phone card. Purchase a Telstra Phone card before you come into St Albans. (If you have an old phone card, check the use by date on the back of the card). Phone cards should be available at Wisemans Ferry Post Office. Pre-paid phone cards should also be available at the Computer Shed at Shahzada. Messages can be taken from incoming calls at the ride office but since the PA system will be limited to the vetting area, calling people to phone calls may be impractical in some cases if their PA Radio isn't turned on. Incoming phone calls should be limited to urgent situations. Return calls should be made via the public phone. The St Albans phone number at Shahzada is 02 4568 2173. There is no GSM & patchy Telstra Next G mobile phone coverage in St Albans. NextG works best with a directional beam antenna. E-mail for people while at Shahzada should be sent to suetodd@activ8.net.au

PUBLIC ADDRESS

The Public Address system will only cover the area around the vetting area. Please note, the evening Pre-Ride talks will not be on the PA radio, riders and strappers must personally attend the Pre-ride talks.

SHAHZADA FM

Shahzada FM is back in operation again this year. For those wishing to hear strapper calls & other announcements in your campsite tune your radio into FM Channel 90. As per the public address this will be turned off during the Pre- Ride talks where riders and strappers must personally attend the compulsory Pre-ride talks.

WATER ON THE COURSE

There is plenty of natural water around the course. Water in tubs on the course is strictly for horses to drink and not for washing of horses. Be very careful washing horses in the river since the river bed is always very soft. Please avoid washing horses or stirring up the mud in the water close upstream of the town pumps.

It is expected that all riders will allow the horse to have water where it is naturally available.

You will be advised if and when the river is safe to cross at the pre ride talks.

Shahzada provides self serve drinking water and disposable paper cups for riders at check points on the course.

LOCAL ROAD NAMES

For the benefit of newcomers to St Albans, here are some of the alternate road names.

Upper Macdonald Road - The Branch Road.

Wollombi Road - The Common Road.

The Settlers Road - Main Ferry Road.

St Albans Road - Webbs Creek Ferry Road.

ARO RADIO COMMUNICATIONS

Radio communications for the Shahzada are provided by volunteer amateur radio operators who are members of ARO. The Shahzada provides a valuable training exercise in a geographic area which presents variable and difficult radio communication conditions. The support of endurance riding by ARO in the Macdonald Valley over the last 35 years has proved to be beneficial in training operators for assistance with radio communications in emergencies such as bush fire and flood. In the process of gaining this training, ARO members continue to provide quality communications for the Shahzada and a degree of peace of mind for those in the base camp. The radio frequencies in use by ARO will be in the amateur radio bands.

The ARO radio operators will pass radio messages from the check points to base, provide announcement of horses returning to base on each leg of the event, take drinking water and disposable cups out to specified check points and bring clothing discarded at the "drive in" check points back to the base camp. (**Please use name tags in all clothing**). If there is a problem with the horse, please remember that the radio operator is not a vet and that his/her prime function is to pass messages. At times the radio operators may not be familiar with some of the "horse" terminology that riders will take for granted.

All Riders please remember:

- To provide identification markings on all of your property before you go out, so that you can pick up the correct property back in the base camp.
- Ensure that you are wearing the correct rider number on your front and back, on the outside of all clothing being worn.
- Always call your number clearly so that the radio operator can record it correctly.

How Individual Amateur Radio Operators can help you!

This is how the ARO radio operators can help you and in particular what we require from you should something happen to you or your horse out in the middle of nowhere.

Often when an incident happens out on the course, the first information the ride organisers and your strappers receive is from the ARO radio operators. This information has been passed to us generally from another rider. This information is often vague and sometimes inaccurate due to it being third hand information. If you think that you need help out on the course due to an incident or accident, stop and think about what sort of help you need and what is the best way to get it, keeping in mind the limitations of vehicle access to some parts of the course.

As radio operators, the sort of information we need to act quickly includes:

- * what has happened.
- * who you are and where you are
- * the nature of any injuries sustained to you or your horse
- * what your intentions are (ie, where are you going or are you staying put?)
- * what special requirements you have (ie, you need a float, an ezy-boot, farrier or vet, ambulance etc).

Finally, one of the big problems we have found in the past is riders asking for specific things, eg, a float to a specific location, and then changing their minds and continuing on to a different location without telling anyone. This causes confusion and wastes time looking for you. So, in conclusion, if something happens to you out on the course and you need help, have a think about what sort of help you need and how that could best be obtained and pass that information onto another rider to give to the ARO radio operators.

ELECTRICAL SAFETY

Everyone wanting to plug in to the **limited** electrical power at Shahzada is required to use a Safety Switch power cord. A Safety Switch will have **both** a **TEST** and a **RESET** button. **If it does not have a TEST button, it is not a Safety Switch.** Safety Switch power cords are available at larger hardware stores.

Please note that Credit Card facilities are not available for Shahzada.

TIME KEEPING PROCEDURES

At Shahzada your committee does everything possible to make the Test run as smoothly as possible and to try to keep the best possible records of the whole event. We ask that all riders take note of the procedures for the time keeping and request everyone's co-operation as follows.

- 1. On the <u>first morning</u> of the 400km Test and the Mini Marathon, riders are expected to start on time. 400km riders will be recorded as leaving in groups at one minute intervals. Riders who start after 4 am on the first day of the 400km Shahzada or 6.30 am for the Mini Marathon, will be on their own time. All riders will be entered on a list as they start. If any 400 km rider decides to withdraw or start after 4.15 am or 6.30 am for the Mini Marathon, they must advise the Chief Steward.
- 2. On the <u>second and subsequent mornings</u>, the outgoing timekeeper may be located at the vetting area camp fire. All riders must advise the timekeeper when leaving on each leg. For the 400km ride, the timekeeper may record outgoing horses in 1 minute groups. Mini Marathon riders will depart as a group timed on the same departure time of 6.30am.
- 3. When <u>leaving on the second leg of any day</u>, 400km riders must notify the timekeeper who will record their outgoing time. No rider is allowed to leave until the course is declared open by the Chief Steward. This will ensure that checkpoints and other officials are in place.
- 4. When leaving on every leg, all riders must ride past the timekeeper's tent in Bulga St towards the river.
- 5. Riders are responsible for making sure that their rider number (bib) is visible at all times when riding. At the start and finish of <u>every</u> leg riders must ensure that their number is recorded by the timekeepers.
- 6. When returning from any leg of the 400km Shahzada or Mini Marathon, all riders must approach the timekeeper in Bulga St from the river direction. Riders or their strappers must collect their timeslip. If riders approach from the Fickle Wombat direction, they must go around the block past the front of the pub, and arrive at the timekeeper from the river direction. The time slip will show the rider's IN time and the vetting time 30 minutes later. All horses must be presented to the vetting area within 30 minutes of their arrival time.
- 7. If a rider withdraws on the course and the horse is floated back, or the rider returns without completing the whole of the leg of the event, the rider or strapper must advise the timekeeper. The horse must be presented for vetting within 30 minutes of arrival at the ride base, without exception. If the vet check is passed, the horse will be recorded as withdrawn. If the horse fails to pass the vet check, it will be recorded as a vet out.

GATES ON THE COURSE

The course of the Shahzada and the Mini Marathon Ride traverses the normal working area of numerous private properties in the Macdonald Valley area, through paddocks where there may be horses or other stock animals. Riders are reminded that they should be sensitive to the fact that they must not be disruptive in any way to the normal workings of these properties. In particular please remember to leave all gates as you find them.

If the gate was open, leave it open; if it was closed, then close it again after going through. There should be a Shahzada sign on critical gates. Please take heed of the instructions on the signs.

The course through these private properties is only available during the actual official legs of the Shahzada and the Mini Marathon Ride. If you want to ride through private properties outside of the Shahzada, please do the right thing and obtain permission from the property owners before riding through.



No Bull by Nicki Mantova

Wearing of Helmets

The wearing of ASA approved HELMETS is COMPULSORY at ALL TIMES that you are on your horse at Shahzada. This includes ALL riders, in the 400km ride and the Mini Marathon and while exercising horses.

SHAHZADA PHOTOGRAPHS animalfocus.com.au

is Jo Arblaster who photographs animals - horses, dogs, cats and other pets and their people.
Jo is an endurance rider and journalist, check out Jo's web site:

www.animalfocus.com.au

at right: Jo Arblaster

All Photos in this book have been taken by Jo



The Shahzada Buckle





Cheny Collins riding Henley Farm Waffar and Kirsty Carter riding Henley Farm Farhan MM 2017

Photo by Animal Focus

SERVICES AND CONTACTS

Shahzada Phone	02 4568 2173 At St Albans, during the Shahzada.
EMERGENCIES	Contact Ride Office initially or call 000.
POLICE	Wisemans Ferry 02 4566 4302
	Non-emergency 13 1444
AMBULANCE	Emergencies - 000 Routine - 13 1233
FIRST AID	Rhys Powell
DOCTOR	North West Medical Centre, 5550 Old Northern Rd, Wisemans Ferry 02 8825 8225
HOSPITAL	Windsor 02 4560 5555 (Hawkesbury District Health Service)
	Hornsby 02 9477 9123 (Hornsby Hospital, Palmerston Rd, Hornsby)
	Penrith – Nepean 02 4734 2000 (Great Western Hwy, Kingswood)
PHARMACY	Wisemans Ferry, River Road, opposite Shell servo, 02 4566 4999
FARRIER	Haydn Fisher 0428 324 449
BOTTLED GAS	Peter Bice, Wisemans Ferry Post Office 02 4566 4273, 0418 275 675 see page 16
FUEL	Unleaded and diesel- Shell Wisemans Ferry Garage, 7am to 7pm. 02 4566 4635
GROCER	Wisemans Ferry, opposite Shell servo, 02 4566 4612, 6am to 6pm, see page 16
Milk, Bread	Fickle Wombat - Please place orders for bread, milk, eggs by 12 noon daily, to ensure
	adequate supplies for the following day. 02 4568 2078
ICE	Ice available at the fire shed daily at 5pm or the Fickle Wombat - 02 4568 2078
FOOD &	Settlers Arms Inn- lunch 12-3pm daily & dinner 6 to 9pm Fri to Sun 02 4568 2111
RESTAURANTS	Fickle Wombat Restaurant - Breakfast, Morning Teas, Lunch, Afternoon Teas & dinner,
see page 32-33	10.30am to last dinner orders 8pm 02 4568 2078
	The Barn Canteen - Breakfast, Lunch & Dinner 6am-8pm
VET SUPPLIES	see Head Vet.
Veterinary Clinics	Hawkesbury Equine Veterinary Centre, 226 Windsor Rd Clarendon 02 4577 4611
specialising in HORSES	Agnes Banks Equine Clinic, Price Lane, Agnes Banks 02 4588 5200
Veterinary Clinic	Glenorie Veterinary Clinic 1589 Old Northern Rd Glenorie 02 9652 1338
(Small animals)	D. D. H. A
HORSE FEED	Ring Phil Accurso 0409 229 346
Showers -	In new portable block behind the TPR area. (Water pumped from river – not for drinking).
TT. 4	(Showers are not available at Settlers Arms unless staying in rooms.)
	t public toilet block, a tank near the tennis courts and other tanks or taps around the town. These
are a	ll bore or river water and are not suitable for people to drink. 'Human drinking water should be brought from home. Local water used for drinking must be boiled before use.'
	(Water not available at Settlers Arms).
Garbage- Plea	se use bins provided or old feed bags. Please tie off the filled bags and place them in the skips
	will be available from 1 pm Monday. Please burn rubbish that can be safely burnt (not bottles or
Willeli	cans) and keep the whole camp tidy.
Phone -	Public phone box available opposite Settlers Arms. See page 12 for detail.
	r oppose semes rams. See page 12 191 death.





RESPECT FOR PROPERTY

We would ask that all participants in the Test, their friends and all others, to show due respect for other people's property. In particular the Settlers Arms Inn, The Fickle Wombat, the privately owned properties and those areas of National Park which the Test traverses. The Inn has much historical significance and the building was never intended to cope with the numbers of people we inflict on it. In the private properties and the Yengo and Dhahrug National Parks, please ensure that you stay strictly on the tracks and that you do not leave any litter (including tissues, fruit peelings or any other object) or cause damage of any kind. Gates should be left in the condition that they were found. You will appreciate that if problems occur either in the National Parks or indeed on any privately owned properties, that the ride may well be placed in jeopardy in future years.

WISEMANS FERRY GROCER/CAFE

Wisemans Ferry Grocer / Cafe is located at 5557 Old Northern Road, Wisemans Ferry (within the Wisemans Ferry Village shops). They are open 7 days a week from 6.00am to 6.00pm. Contact (02) 4566 4612.

It is a family run business providing fresh fruit and vegetables, milk, bread and a large variety of dry, refrigerated and frozen grocery lines. Yummy bakery and deli items, hot and cold beverages, freshly made sandwiches, wraps, pies and sausage rolls. Ice, tobacco and an ATM facility is also available.

Gas Refills at St Albans.

Peter Bice (Wisemans Ferry Post Master, the local Gas man and 6 completions from 8 tries at Shahzada) will be providing portagas refills at St Albans after second leg vetting on Tuesday and Thursday during Shahzada. Listen for the PA announcement. (Other times by arrangement.) Contact Peter at the Post Office on 02 4566 4273 or 0418 275 675.

The Court House St Albans



The unique historic restored sandstone Court House, Police Station and Prisoner's Lockup is recognised by the National Trust and available for overnight, weekly and holiday accommodation.

The property is an area of 40 acres set on a timbered hillside overlooking the historic hamlet of St Albans and the beautiful Macdonald River Valley.

The court house complex has 4 luxury double bedrooms, open fire, complete country kitchen.

Adjacent homestead has 4 bed rooms with individual ensuite.

Tariff includes full breakfast, bed and bathroom linen.

Other meals available at Fickle Wombat Restaurant nearby or Settlers Arms Inn. Guests have unlimited use of all facilities including BBQ and DVD, tennis available nearby.

(The Court House is considered to be part of the Village for Shahzada purposes).

Phone/Fax: (02) 4568 2042

Email:

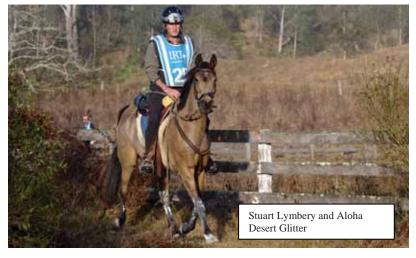
enquiries@courthousestalbans.com.au

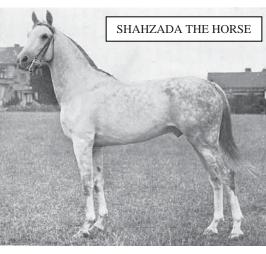
For more information and photos of the historic building:

www.courthousestalbans.com.au

Tariffs: Double Room (2 people) - First night \$160, second night \$140. Improved discount for longer stay

- No refunds if reservations are cancelled less than 28 days before planned arrival.
- Bookings not confirmed until deposit received.
- Inspection by appointment welcome.





HORSE FEED for Year 2018 SHAHZADA

The Shahzada is co-ordinating horse feed for Shahzada entrants again this year. Our supplier is Phil Accurso, phone number 0409 229 346, who will deliver orders to your camp site on the following days (dependant on sufficient orders):

Friday **24th** August, Saturday **25th** August, Sunday **26th** August, Monday **27th** August and Wednesday **29th** August. Please place your orders with Phil at least 1 week before Shahzada for delivery on the required day.

When at St Albans please place your orders by phone with Phil from the Shahzada Shed - additional forms are available.

Please pay Phil when your order is delivered.

PRICE MORRIS COTTAGE - ACCOMMODATION

37 Upper Macdonald Rd, St Albans NSW 2775

Situated 500 metres from the Shahzada vetting area.

On-site parking

4 bedrooms (Queen, 4 poster double, 2 twins)

Smoke-free house
Breakfast supplied, Self-cater for other meals

No pets allowed

Fully equipped shared kitchen & BBQ DVD, vinyl records, pianola, board games

Check-in after 2 pm (earlier by arrangement)

Open fires

Check-out midday (later by arrangement)

All linen & towels supplied

Other meals available at Fickle Wombat Restaurant or Settlers Arms Inn.

Please phone or email to book for value added prices, more information and any particular needs to ensure your stay is comfortable, affordable and a memorable Shahzada experience.

Email: <u>bookings@pricemorris.com.au</u>
Website: more detail & photos: www.pricemorris.com.au

Phone/Fax: (02) 4568 2121

Joyce & Doug Stepto Price Morris Cottage 37 Upper Macdonald Rd, St Albans. NSW. 2775

Biosecurity & Temperatures

The "Pre Ride Temperature Log" chart may be us being overly cautious, but we see it as not only as a safeguard against the obvious concern, Hendra virus, but it may also be a revealing insight into sub-clinically ill horses (those that are actually sick without showing any clinical signs).

With over 130 horses expected at Shahzada this year from most states of Australia, there could be some horses that will become unwell in the week or so before the ride.

Recording temperatures each day may alert you to a problem which otherwise may have gone unnoticed and resulted in either a vet-out or worse. Riders to bring thermometers to the vetting area pre-ride and take their own horse's temperature and show to the tpr steward

Please take this seriously and contact the vets as early as possible with any temperatures over 38.5 degrees (for those horses already at St Albans). If your horse experiences an elevated temperature before you reach the ride base, please have it examined by an external vet prior to arriving.

Performance Therapy

Bodyworker to Best Managed @ Shahzada 2012 Effective assistance for muscle tension, strains, bruising, tying up, poor appetite, gear rubs etc.

Much more than just Massage
Robyn Larson-Shelton JENT, EBW, ERLT, MFR

Ph 0431 387 787

www.equinemiracle.com rols1@optusnet.com.au









Vale Peter Norman

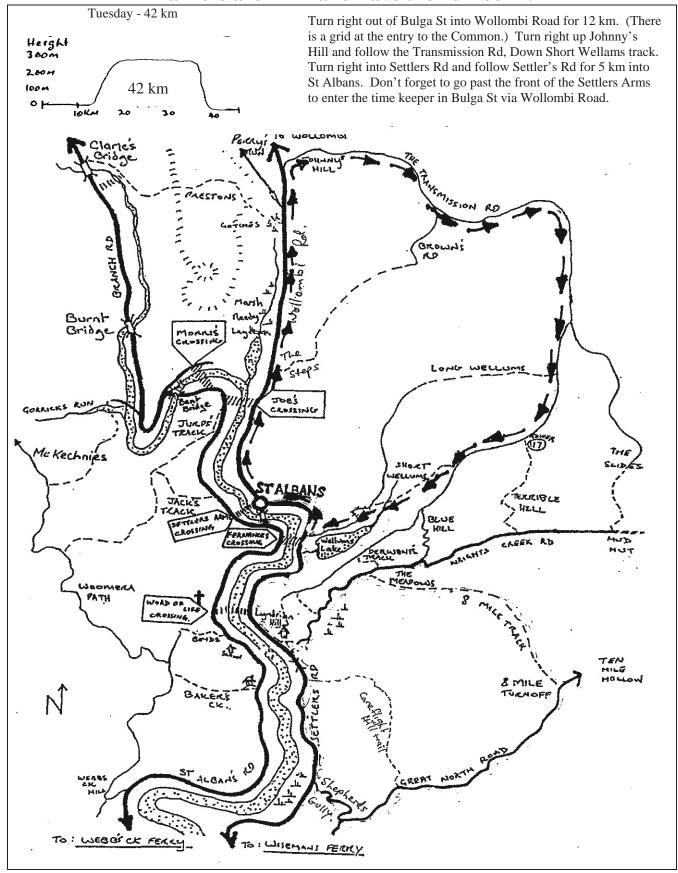
The Shahzada family lost a treasured member when Peter Norman passed away suddenly in January 2018. Peter has been an endurance stalwart since the late 1980s, having completed over 14 000km. Peter holds four Shahzada buckles, his first in 1994, including a third place in 2013 riding Danjera Jed and second place in 2008 riding Bellarine Bozo. Who can forget the hilarious sight of Peter's final trot out in front of the peanut gallery when the headstall fell off his horse. The horse stopped and Peter continued to the vets, holding just the headstall. Fortunately the horse passed the trot out once the headstall was reattached. Peter was always willing to help when he could, and was always up for a chat and a joke. We will certainly miss Peter's smiling face and wonderful sense of humour at Shahzada.

Rest in Peace Peter.

RIDING RULES for 3 Day MINI MARATHON

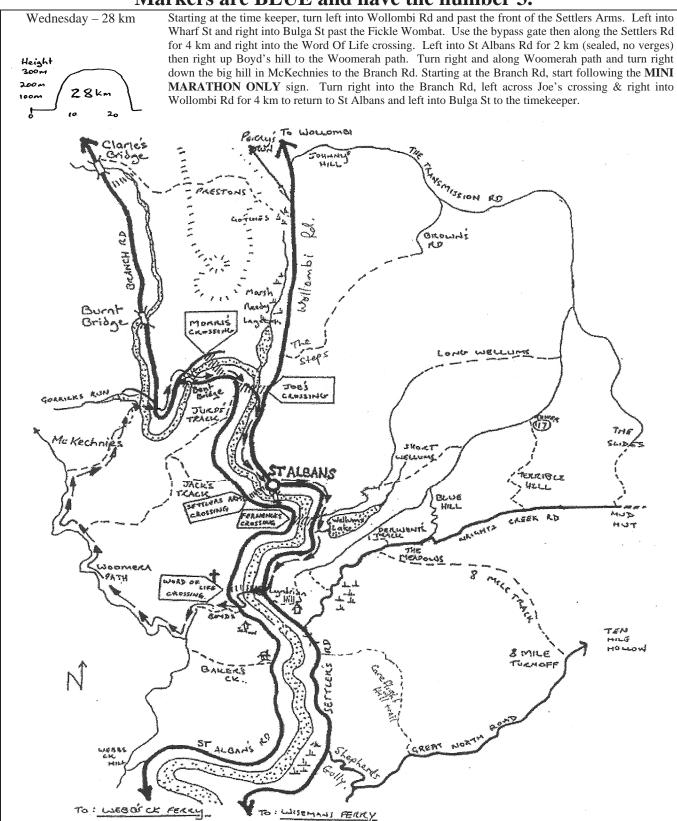
- 1. The entry fee for the 3 Day Shahzada MINI MARATHON is \$300 per rider age 16 and above and \$250 for riders under 16 years of age in 2018, which includes camp site and National Park and Wildlife Service fees. Prenomination closes 1/8/2018, limit 100 entrants in Mini Marathon.
- 2. Changes of the prenominated horse or rider is permitted up until the time of vetting.
- 3. Finalisation of entries after pre-nomination (which closes 1/8/2018) will only be accepted until 2.00pm on Monday, 27/8/2018.
- 4. No refunds or substitutions will be made if the horse nominated is not allowed to start or withdrawn after the pre-ride vetting. In case of withdrawal before vetting, after payment of an entry fee, you will receive a refund of the entry fee paid less a withdrawal fee. If you withdraw before vetting on 27/8/2018 the withdrawal fee is \$50.00. Withdrawals will be refunded after the Shahzada.. Refund cheques must be banked before 30/9/2018. Cheques which remain unbanked after 30/9/2018 will be cancelled. You must advise the Ride Recorder personally if you want to withdraw. Phone Sue Todd on (02) 6379 7218 or email suetodd@activ8.net.au .Camp sites will only be allocated after pre-nomination. Horses occupying a camp site at Shahzada, which are not entered or withdrawn pre-vetting, will incur a \$50 camp site fee in addition to the appropriate withdrawal fee, as above.
- Entry forms for entrants under 18 years of age must be counter signed by a parent or legal guardian plus a completed & signed PARENT / LEGAL GUARDIAN CONSENT RIDERS DECLARATION form MUST be presented on arrival.
- 6. All horses and riders must be present for confirmation of correct horse and the pre-ride veterinary inspection between 11.00 am and 2.00 pm Monday 27st August 2018. The Shahzada committee reserves the right to refuse entry to any horse or rider.
- 7. The start times will be 6.30am on each Mini Marathon ride day, or as notified at the daily pre-ride talk each evening. Each day, all riders must leave St Albans before 6.45am. If MM entrant numbers exceeds approximately 60, a second start time of 7am may be used with the second wave of riders to be out by 7.15am.
- 8. The maximum allowed riding time each day is 8 hours.
- 9. Horses must remain in the village area (see page 26), during all rest periods between the daily legs, for the duration of the event.
- 10. All legs of the course must be ridden in the order as set out by the committee. There will be one leg each day, distances appear on the Mini Marathon Ride maps.
- 11. Ride numbers must always be worn on the front of each registered rider when riding on the course & by the horse attendant in the vetting area in addition to when trotting out. Rider numbers must not be obscured at any time.
- 12. All horses will be examined at 30 minutes after arrival at the end of each leg. (Horses may be presented between 15 minutes and no later than 30 minutes after returning from the course). Heart rate recovery levels will be 55 b.p.m. or as specified by the AERA. There will also be an examination for unsoundness and metabolics at each check.
- 13. Riders are responsible for the behaviour of their strappers and friends. Dogs must be kept on leads & under control at all times. No dogs or bicycles are permitted in the vetting area, except for the dog races. Riders are personally responsible for the payment of all accounts before leaving St Albans, especially accounts for veterinary and farrier services, supply of horse feed and power.
- 14. All horses and riders entered in the **SHAHZADA 3 day MINI MARATHON** RIDE enter at their own risk. **The wearing of helmets by all Mini Marathon riders is compulsory.** The organisers reserve the right to call an ambulance or medical evacuation in the event of any medical incident.
- 15. Only horses entered in the Ride will be permitted on any part of the course while the event is in progress, from 4.00 am Monday 27th August 2018 to 5.00 pm Friday 31st August 2018.
- 16. Riders not entered in the event or who have retired and wish to exercise their horses, must see the chief steward for information and permission on which part of the course is available to ride daily.
- 17. Each horse's start, finish and total riding time in addition to the pulse of the horse will be recorded daily.
- 18. A presentation for successfully completing Mini Marathon Riders will be held on Friday 31st August 2018.
- 19. The committee reserves the right to vary the riding rules at any time. If this is necessary entrants will be notified.
- 20. Current ERA membership card must be shown on arrival by all entrants, day membership will not be available. ERA riding rules apply.
- 21. In the event of an appeal against a veterinary decision, the rider must lodge the appeal with the Head Vet or Chief Steward of Shahzada 400 Inc **before** the horse leaves the vetting area. The appeal will then be heard by the appeals committee. Once the horse has left the vetting area no appeal will be considered. There will be a \$20.00 appeal fee.
- 22. The ride is under the control of the Veterinary team and the Chief Steward.
- 23. Ride numbers **must** be worn during presentation & returned on completion of presentation on Friday 31/8/2018.
- 24. Unless specified by the Shahzada committee, crossing on the St Albans bridge is prohibited and will result in disqualification from the ride.
- 25. Mini Marathon Ride horses must in all cases give way to 400km Shahzada horses on the course and in the TPR/Vetting area.
- 26. All riders must attend the evening pre-ride talks.

MINI MARATHON MAP FOR TUESDAY 22/8/2017 Markers are RED and have the number 1.



Riders must allow spacing of several horse lengths on steep or narrow sections of the course. When a gate on the course is closed, always close it after going through.

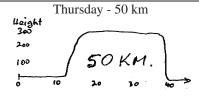
MINI MARATHON MAP FOR WEDNESDAY 23/8/2017 Markers are BLUE and have the number 3.



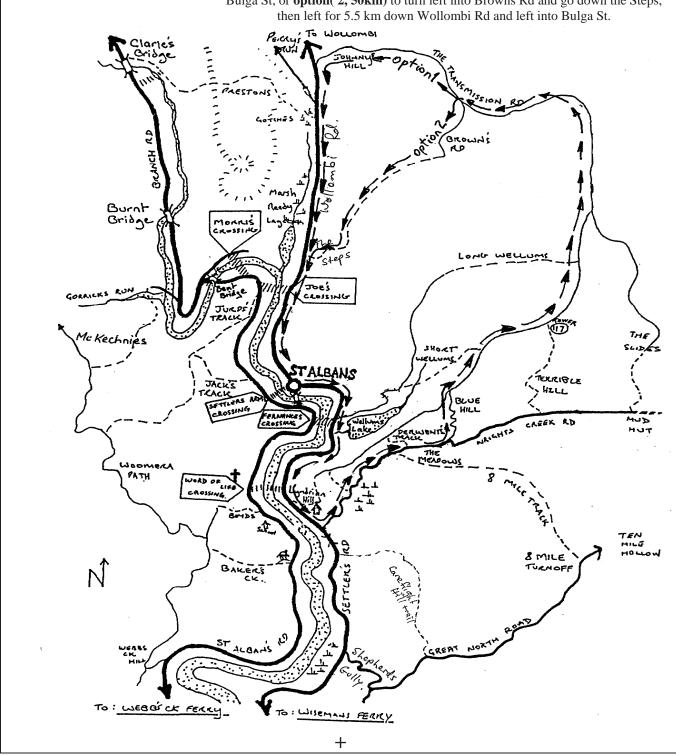
Riders must allow spacing of several horse lengths on steep or narrow sections of the course, especially in Boyds and McKechnies.

When a gate on the course is closed, always close it after going through.

MINI MARATHON MAP FOR THURSDAY 24/8/2017 Markers are GREEN and have the number 4



Starting at the time keeper, left into Wollombi Rd and past the front of the Settlers Arms. Left into Wharf St and right into Bulga St past the Fickle Wombat. Use the bypass gate then along the Settlers Rd for 8 km and turn left into Wrights Creek Rd. Up Blue Hill and right into the Transmission Rd until Brown's Rd. *Mini Marathon Riders* have the **option** (1, 51.5km) of continuing on the Transmission Road until Wollombi Rd, then left down the Common for 12 km to St Albans, then left into Bulga St, or **option** (2, 50km) to turn left into Browns Rd and go down the Steps, then left for 5.5 km down Wollombi Rd and left into Bulga St.



Riders must allow spacing of several horse lengths on steep or narrow sections of the course, especially on The Steps. When a gate on the course is closed, always close it after going through.

2018 Shahzada Pre-Ride Vet Report



On behalf of the veterinary team I would like to welcome all competitors to the 37th annual Shahzada. I am very proud to be a part of this iconic event that showcases the true spirit of endurance. For those who don't know me I am a St. Albans local and have over ten years' experience as both an endurance vet and rider. Dr. Darien Feary will be our treatment vet again this year, Darien is an equine medicine specialist, an experienced endurance vet and rider. Dr. Georgiana Sheriden is one of NSW most experienced endurance vets. Dr. Georgia Ladmore comes from an endurance family and is also an experienced endurance vet. We are all looking forward to a fun week and helping as many of you achieve your dream. We all understand the emotional roller coaster that is Shahzada, please don't be afraid to ask us for advice or discuss any issues with us. There are lots of common issues that arise during Shahzada that you may not have experienced with your horse before such as gear rubs, greasy heel etc. By making us aware of these issues we can work with you to try and manage them before they get out of control. We want to see as many completions as possible. We hope you all have a fantastic safe ride and truly enjoy 'the ride of your life'.

Emily Streckfuss - Head Vet Shahzada 2018

2018 Shahzada Chief Steward Report



Welcome to Shahzada 2018. I hope everyone is travelling safe to the event. Looking forward to seeing all faces new and old.

Hope everyone is ready for a jammed packed fun week, big and small ride. Just remember there are rules to obey. Ride to the course as it is marked. Rider etiquette, travel on the left hand side of the road.

All our checkpoint people are volunteers as well as time keepers, gate people, etc. Without these people the ride cannot run so please treat them with the utmost respect.

I would like to thank the committee and volunteers for working so hard for this event to go ahead and enable us to all have a lot of fun.

We like to think Shahzada is one big happy family so if there is anything you need remember to ask as there is always someone around to help.

Look forward to seeing you all in the vet ring. Cheers Haydn Fisher – Chief Steward 2018

LOG BOOK PROCEDURE AT SHAHZADA.

The log book procedure at Shahzada varies from other endurance rides because of the ongoing nature of the event and the unique computer set up available. The procedure, which has been developed and fine tuned over 37 years, reduces the incidence of misplaced log books, makes evening internet upload of daily results achievable and enhances the general smooth running of the event.

- 1. Entrants should "self fill in" details of the event on the first available page in the current yellow horse log book for 400km, or either blue or yellow log book for the Mini Marathon ride. Please use a ball point pen and **ensure that the ink is not water soluble**. Please ensure that there are sufficient unused pages in the logbook to complete the entire ride.
- 2. To obtain your rider number vest, you must submit the following for verification of eligibility to enter:
 - a) Your completed Pre Ride Temperature Log.
 - b) signed NSW ERA disclaimer for all entrants.
 - c) your current AERA (State division) qualified rider membership card.
 - d) for **400 km** yellow horse log book with event details already entered. Please note that only qualified endurance horses are eligible to enter, horses affected by the 13 month novice horse rule are not able to enter. It is recommended that you **bring the previous horse log book** to establish qualification.

For Mini Marathon - Yellow or Blue Log Book.

- 3. Entry submission times are <u>Sunday</u> 26/8/2018 between <u>1pm and 4pm</u> for all riders, at the ride office (Shahzada tent) in Bulga St, St Albans. Additional entry times for Mini Marathon riders, between 9am and 10.30am Monday 27/8/2018.
- 4. Once the entry has been successfully verified, the entry form and age disclaimer will be retained in the ride office, the horse log book and AERA membership card returned to the rider and the rider number vest will be issued.
- 5. For 400 km the rider must take the saddle and any other gear that the horse will be carrying during Shahzada, to the Scales in the Time keeper's tent for weighing as follows:

Weigh the rider with saddle and any other gear that will be normally be carried by the horse.

For Mini Marathon - all weighing is optional.

- 7. Between 1pm and 4pm on Sunday 26/8/2018 for 400 km or 11 am to 2 pm Monday 27/8/2018 for Mini Marathon ride entrants, the horse attendant wearing the rider number vest, should take the horse log book and the horse to the TPR area. The TPR stewards will measure the Pulse and Respiration and view the temperature that you have taken and enter this information in the horse log book. The log book will be returned to the horse attendant.
- 8. The horse attendant, wearing the ride number vest, should next proceed to the vetting area where the vets will conduct the pre-ride veterinary inspection. The veterinary inspection results and comments will be entered in the horse log book and the log book will be retained for return to the ride office.
- 9. The ride office staff will enter the pre-ride TPR data in the event computer system from the log book, fill in the 4am common start time for 400 km and 6.30 am common start time for the Mini Marathon in the horse log book. The ride office should verify that rider weight has been entered in the log book for 400km and file the log books in numeric order in the log book boxes.
- 10. All 400 km riders are expected to start at 4am on Monday 27/8/2018 and all Mini Marathon riders are expected to start at 6.30 am Tuesday 28/8/2018. Rider numbers will be recorded at timekeeping as riders leave. All riders must go past the camera at the Time Keeper and call their ride number as a record of starting. All 400km riders must leave before 4.15am Monday. All Mini Marathon riders must leave at 6.30am (or 7am if there is a second wave) Tuesday. Any rider withdrawing before starting must advise the Chief Steward within 15 minutes of the nominated start time.

- 11. Incoming entrants will be issued with a time slip showing "time in" and "30 minute vet time". Outgoing horses will be time recorded onto a list. The timekeepers should enter the entrant time data into the event computer within 5 minutes of the occurrence. The action of entering times into the computer at the time keeper causes a printout on a dedicated printer at the ride office where the office staff will enter the "in/vet" time or the "out time" in the appropriate horse log book. Log books with "In/vet time" entries will be placed in the "waiting TPR" box in time order while "out time" entries will be filed in the "Out on Course" box in entrant number numeric order.
- 12. If there is a computer problem, which prevents data entry at the timekeeper's computer within 5 minutes, the timekeepers should hand deliver times to the office to advise of "In/Vet" times.
- 13. When the horse is presented to the TPR stewards at the 30 minute vet check, the TPR data is written in the horse log book and the log book is returned to the horse attendant who is wearing the rider number vest. The horse attendant should then take the log book and horse to the vets for the veterinary inspection.
- 14. When the veterinary inspection is complete, the vet's results and comments are written in the horse log book and the log book is returned to the ride office.
- 15. The office staff enter the pulse data from the log book in the event computer and check if the horse is continuing in the event or is scratched.
- a) The Log Books for entrants who remain in the event are filed back in the log book boxes in numeric order.
- b) If the horse is a "Vet Out", "Withdrawal" or "Disqualification", this information is entered in the event computer. "Vet Outs" can be "Lame", "Pulse", "Metabolic", "Tied up" or "Injury" (or a combination of reasons). In the event of "Injury" a further brief description will be required in the event computer. The action of entering any of Vet Out, Withdrawal or Disqualification in the event computer at the ride secretary's office causes an immediate print out of the removal of that entrant on the printer in Wicen. The log book pages for Vet Out, Withdrawal or Disqualification should be photocopied for record purposes and the log book should then be filed in the "Vet Out box" in numeric order. The log book should only be returned to the rider on receipt of the rider number vest.
- 16. When a rider whose horse is Vetted Out, Withdrawn or Disqualified, returns their rider number vest, providing that the log book has been signed off by the Head Vet and ride secretary and a photocopy of the Shahzada pages in the log book has been obtained, then the log book may be returned.
- 17. During the running of Shahzada, a log book should only be in one of two places:
- a) In the Ride Office.
- b) In the TPR/Vetting area.
- 18. For successful 400km entrants, the log books will be returned after presentation when the rider number vest is returned on Saturday morning 1/9/2018. For successful Mini Marathon ride entrants, the log books will be returned after presentation when the rider number vest is returned on Friday 31/8/2018.

SHAHZADA TEAM EVENTS

This promises to be another fun way to enjoy the Shahzada week. Enter a team, with a prize for first place in a 400 km Shahzada team.

400km teams can be mixed divisions.

The winning teams will be the teams which finish with the largest number of riders still in the event with the lowest pulse rates and the best metabolics.

Entries for the teams events will be taken on Sunday 26/8/2018 at the Secretary's tent. Entry in the teams event is \$20 per team.

There will also be a Team event for the Mini Marathon with the same entry and conditions as for the Shahzada.

DAILY COMPUTER PRINTOUTS

Printouts will be made available, when possible, after the evening pre-ride talk. The quantity of copies produced daily, will be limited to meet expected needs. **Please pick up your copy in the evening.**

Please check your information daily on the half daily / daily printouts. Any discrepancy or change which may result in the publication of incorrect results must be notified to Helen at the computer site shed promptly. If you don't bother to check and notify of mistakes, your Completion Certificate and the ride results book may contain incorrect information which may not be able to be corrected. (Some riders notified of mistakes 3 weeks after the books were posted out).

During the Shahzada, it is planned to place the Pre-ride Starting List and the daily results on the Shahzada Internet web site http://www.shahzada400.com. Remember to use **REFRESH** to see the latest information.

RIDE BASE CO-ORDINATOR

The Ride Base Co-ordinator at Shahzada will help to solve problems affecting your camp at St Albans.

Problems like water supply, power, cold showers, issues with the position of camps, fencing, restocking toilets, co-ordinating shopping trips, etc.

The Ride Base Co-ordinator is Peter McKechnie and. He will usually be found in the Vetting Area or near the Shahzada tent. If you can't find Peter, see Helen at the Computer shed to locate Peter.

FIREWOOD AND CAMP FIRES

Shahzada will provide firewood delivered into the Campsites for communal fires only, but it may need to be cut up before use.

Firewood is delivered on the Saturday before the ride starts, once this firewood is gone there will be no more supplied by Shahzada. If your are arriving on the Monday please note this firewood is normally gone and you will need to organise your own supply of firewood. Entrants should also bring some firewood if possible. Please do not use firewood from the hotel. Don't forget to bring your chain saw and log splitting wedges. Please see the Shahzada Office about purchasing some special firewood which may be for sale by the cubic metre for those who miss out. Firewood is available for purchase at \$100 a trailer load Contact Sue Todd on 4568 2173

JOBS ROSTER

We need your help, please. Some of the tasks include: checking / restocking toilets, cutting fire wood, shopping in Wisemans Ferry, clean up the streets, time keeping, filling in log books in the office and packing up after its all over

If you can help, please contact Sue Todd on **02 6379 7218** or suetodd@activ8.net.au

Jodie Luck and Lindall Alabaska



COLLECTION OF GARBAGE

This year we are asking everyone at Shahzada to please make a special effort with the garbage situation. We would prefer non-combustible rubbish to be bagged up into old feed bags and tied at the top when full. Please bring a few old feed bags for your garbage. Shahzada will have four skip bins in St Albans where you should deposit tied off bags of garbage. Please compact your rubbish before placing it in the skip so that the skip can contain the rubbish. There will also be a number of old feed bags on star stakes in the vetting area. Clean burning combustible items should be put on the camp fire.

We would prefer that there were no glass bottles at Shahzada, but if you do have bottles, please do not break them or try to burn disused glass bottles. Recyclable glass and cans should go into the appropriate bags in the vetting area.

NO RUBBISH ON THE TRACK, PLEASE

Please do not leave any rubbish on the roads, tracks, private property or National Parks. Items such as discarded tissues, drink bottles, orange peelings etc should be returned to boxes or containers in the check points before continuing or carried back to rubbish bins provided in the base camp.

Tissues or other items discarded on track are likely to be collected and presented to the original discarder at the evening pre-ride talks. Special awards are likely to be made to the collectors.

CLEARING UP AFTER HORSES

Stringent conditions have been imposed by the local council to maintain the public park areas.

- a) If any horse is likely to excavate the horse yard, please advise camp site co-ordinator, Sue Todd phone 02 6379 7218 so that a suitable camp area can be arranged. Camp areas A and F are totally unsuitable for horses which are likely to excavate due to the council conditions.
- b) Horse Poo must be raked up and bagged, please. Disposal of droppings into nearby long grass or the river / river bank is totally unacceptable. Please remember to bring your own shovel, rake and spare bags.

TRACK MARKERS.

A Special thank you to all who have helped with the preparation and marking of the tracks for the Shahzada this year.

DEFINITION OF ST ALBANS VILLAGE AREA

(for the purpose of rule 8 on page 4 and rule 9 on page 19. The limits of the village area are as follows: The grid in Settlers Rd; the St Albans Bridge and the old Church at Espie St.

Rider's "Must Remember" check list.

- 1. Horse log book and previous log book, Horse & Strapper.
- 2. Rider's membership card.
- 3. Head lamp for early morning road sections.
- 4. Entry forms for everyone, plus parent / legal guardian signed disclaimer for any under 18 entrants.
- 5. Final fill up with fuel at Wiseman's Ferry or Singleton on the way in to St Albans.
- 6. On arrival, go to Campsite Control in the vetting area before taking up your camp site.
- 7. A safety switch power cord if you want to connect to electrical power.
- 8. Bring your own fire drum and some firewood if possible.

CAMP SITE IDENTIFICATION NUMBERS

All entrants will be provided with a Camp Site Identification number when you arrive in St Albans. These numbers are the same as your ride numbers. The number will be enclosed in a plastic envelope.

The Shahzada committee asks you to display your number on the dashboard of your vehicle or in a prominent position in your camp site, eg, near the entry door to caravan, tent, etc. The purpose of these numbers is to correctly identify you when visitors are looking for you and when supplies are being delivered to your camp site.

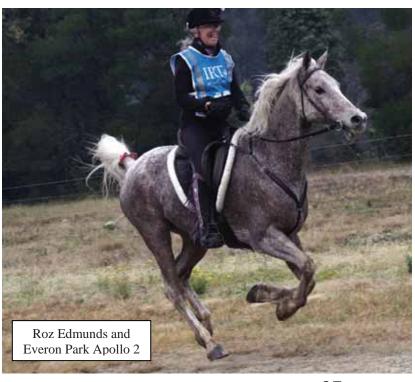
After Shahzada is over, please remember to return your Camp Site Identification Number to the box outside the computer shed.

SHOWERS

Shahzada has 6 showers (3 ladies & 3 Men's) with limited hot water and we are asking everyone to keep their showers as brief as possible. You may need to break your daily routine if you wish a hot shower. Strappers and Mini Marathon riders please utilise the showers during the day or at night.

ST ALBANS BRIDGE

Unless specified by the Shahzada committee, horses being ridden on the St Albans bridge is prohibited and will result in disqualification from the ride. In the event that the committee specifies use of the St Albans bridge, riders must dismount and walk the horse across the bridge. Failure to dismount will result in disqualification from the ride.





PLEASE MAKE SHAHZADA A GLASS FREE ZONE

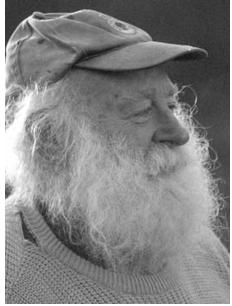
All participants at this year's Shahzada are requested to bring in drinks in cans rather than glass bottles, in the interest of everyone at Shahzada and especially the people who have the thankless task of the final clean up after everyone else has gone home.

In the interest of personal safety, everyone should wear shoes or boots at all times during waking hours. Though or bare feet are not suitable to protect feet from broken glass, etc.

Water in Town

Water must not be drawn from the taps in the Settlers Arms Inn property, else there will be insufficient water for the Inn to operate. Shahzada water taps are available on the south side of Bulga St almost opposite the Fickle Wombat (D-E fence), at the toilet block in the park (between A & B), the tank near the tennis courts in F, the vetting area T in addition to area J near U and on the corner of Bulga St & Wollombi Rd. (The letters refer to the blocks in the town camp site map). There is also a mobile water truck.

Shahzada founder, the late **Halifax Hayes**Photo by Peter Orr



DOGS

Dogs are not permitted in the vetting area or National Parks. Dogs are not completely banned from the Shahzada, but we would prefer that dogs be kennelled elsewhere during the Shahzada.

Please note that National Parks are using 1080 poison in the area for foxes and wild dogs.



"NO DOCS IN THE VETTING AREA"

Sketch by Colin Rutherford

CAMPSITE ETIQUETTE

Please ensure that you give top priority to any rider/strapper who is strapping a horse or on the way to strapping a horse after return from any leg of Shahzada. This period of time can be critical to keeping a horse in the test. Any case of anyone hindering strapping or presentation to the vetting process will be dealt with very seriously.

Radios & music can be distressing to other campers & competitors. Please ensure that your own entertainment does not distress others around you, especially during strapping or when others are trying to sleep. If you need your music, please bring headphones.

Please remember that there are virtually **NO** powered sites at Shahzada; there are a few sites where very limited power can be made available for people with medical conditions, etc, for lights, electric blankets, respirators etc.

You may bring a generator, but any generator used **must be a super quiet model** and used in specially designated areas on the fringes of the camp. Please seek a special camp site allocation from the camp site co-ordinator, Sue Todd, if you bring a generator.

As a courtesy to your neighbouring campers, we request that generators be turned off by 9 pm.

If you bring a battery for lights, bring a battery charger as well. Power points will be available to charge batteries during the day, see Helen Lindsay.

Any dogs must be kept on a leash at all times and must not be constantly barking, especially at night.

Please avoid loud parties and/or domestics in camp, because the top performance required to achieve a coveted Shahzada buckle needs adequate rest for all concerned.

HORSES TRAVELLING ON ROADS

All normal road rules must be observed in all cases, please remember that you don't own the road! Always stay on the left hand side of the road and **do not ride side by side across the road width**. Please extend the courtesy of the road to all other road users at all times.

HANDY HINTS

The handy hints page may help you to complete Shahzada with ideas to survive the conditions.

Before the Ride:

Read the whole of this book before you start in the Shahzada. It contains important information to help you to successfully complete the ride and the trivia quiz

Take this book with you to Shahzada, you will need it there for the maps at least

Train your horse to trot out on a loose rein **before** you come to St Albans

Fill up your vehicle with petrol or diesel at the Shell Wisemans Ferry (the last fuel), on the way in to St Albans. The last portagas filling point is Peter Bice, Wisemans Ferry Post Office, phone 02 4566 4273 at Wisemans Ferry

If you bring a dog, you can not allow it into the vetting area or in the National Parks. It would be preferred if your dog could be kennelled outside the St Albans area. 1080 poison has been laid in the area. Dogs must be on a lead at all times

There are very few sites where power is available.

Bring a small super quiet generator for power.

Camps with generators will be located well away from the general camp because of noise.

There is a curfew on generator hours; battery powered lights are preferred. Power available for battery charger use during daylight hours

Don't leave it to the last minute to arrive in St Albans. Arrival on Friday at the latest is a lot less stress on everyone than Saturday

Put name tags on all clothing, helmets, torches etc, which may be discarded at check points to enhance your chances of getting your own equipment and clothing back

Things to bring which you may not think of:

Medications for greasy heel

A change of saddle should your horse develop a back problem

Sheep skin girth covers

A large sponge on a string for river crossings Easiboots

Brushing boots for mountain descents

Plenty of fresh drinking water for the people in your camp

Fur lined thongs, (it can be very cold over night) A material handling barrow (fridge moving trolley) and a suitable sized plastic barrel for moving water

from the taps to camp.

A water proof torch, spare batteries and globes for use in the showers and portaloos at night

A FM 88 to 108 MHz portable radio to hear the public address announcements on 89.5Mhz in your camp.

After you arrive and before the start:

Trot your horse out pre-vetting to ensure soundness after travel

Practice the trot out on a loose rein in the vetting area pre-ride

During the ride:

Make sure that you go past the video camera at the TimeKeeper going out and in on each leg

Make sure that your horse is correctly shod before starting in the ride & throughout the ride

Dry under your horse's "armpits" when strapping.
This area is prone to rash and may cause lameness

Riders must always wear the correct ride number on their front and back on the course in such a way that the number is not obstructed, outside coats etc

Whoever is leading the horse in the vetting area must always wear the ride number

Riders must always call the correct number at the Wicen radio check points and ensure that the Wicen radio operator has correctly recorded their number before leaving the radio check point

If you are unhappy with a veterinary decision, be prepared to lodge your appeal with the Head Vet or Chief Steward before you leave the vetting area. Don't be put off by anyone saying "don't bother to appeal" if you disagree with a decision; talk calmly to the Chief Steward about it

Check the computer printouts each evening, make sure that the correct information is entered and advise Ross at the computer site shed if there is a problem with the information

No dogs in the vetting area, not even on a leash and no push bikes. Keep all dogs on a leash at all times

Shahzada Perpetual Trophy

The Shahzada Perpetual Trophy for the **Best Managed and Conditioned Horse** is presented by Sharyn and the late Rex Cox.

This prestigious award is judged by the Veterinary team and all horses that successfully complete the 400km, 5 day Shahzada are included in the deliberation. Factors such as fastest time, completion of extra 100km (500km entries) are not considered to be criteria for this award.

This award recognizes the horses and the work of the rider and strapping team. This achievement may require years of preparation and an ever vigilant awareness by the rider and horse and the horse management while covering a gruelling 400 Km course over 5 days. The award will only be available to Lightweight, Middleweight and Heavy-weight entrants. It will not be available to Junior entrants.

The award applauds the fundamental Shahzada principle of

"To finish is to win".



The large cup is the Perpetual Trophy which the winner holds for 12 months. The small "replica" cup is retained by the winner of the award.

A special thank you to the residents of the village of St Albans, the Macdonald Valley and surrounding area for your involvement in helping the Shahzada to be held. The local residents provide camp sites in St Albans, access for trails, staff the hotel, tea house and provide numerous "behind the scenes" services which together make this unique event possible. Once again a special, big Thank You to the village and Macdonald Valley residents

SHARING THE ROADS

When travelling to and from St Albans please stay on the left hand side of the road.

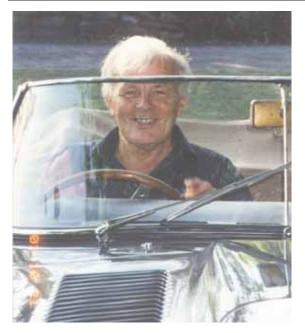
Remember that the roads are there to share and having to apologise to locals who own the land that you ride through after they have been run off the road is not a good look for Shahzada in particular and horse riders in general!! As a condition of gaining approval to run Shahzada both the Council and RTA have stated that road rules also apply to horses, so please ride on the left hand side of the road and obey the road rules.

UNLOADING HORSES

Sometimes the entry to camp sites is more uneven than anticipated. In the interest of ensuring your horse is not injured, it is suggested that you unload your horse in the Vetting area or a safe roadside area before driving into the campsite.

DEPOSIT ON RIDE NUMBERS

- 1. Your Horse Log Book and your buckle for successful riders, is your deposit on your ride number.
- 2. If your horse is withdrawn or vets out, please return your ride number promptly to secure the return of the Log Book.
- 3. Successful Mini Marathon Riders must return ride numbers after the Friday presentation. 400 km Test entrants must return ride numbers at the end of presentation on Saturday morning, 31/9/2018. Please note that **ride numbers MUST be worn to presentation**.



Vale Alan Clarkson

Alan was a very much valued member of the Shahzada family, who we sadly lost in November 2017. Alan worked tirelessly to help Shahzada. Riders and strappers will know Alan's welcoming face from his favourite job at the time keeper's tent where he happily greeted everyone from early morning until the last horse came home each afternoon, for the entire week, over many years. Alan had a wonderful way of connecting with people and enjoyed chatting with riders and strappers, and admiring the horses. He made many friends at Shahzada and the other rides he helped with, including the 2015 Tom Quilty where he guided the finances, the 2011 and 2014 NSW State Championships, as well as many Zone One rides. Shahzada(and endurance generally) also benefited from Alan's very generous long term sponsorship through his KwikKopy printing business. Sharing a wine or several around the campfire each night was a Shahzada highlight for me.

Rest in Peace Alan, you are very much missed by your Shahzada family.

Kerry Fowler-Smith

The Shahzada Song, words and music by Trevor Knight and copyright Knightmusic Productions Printed by permission of Trevor Knight, 25/6/2013.

(1)

They say back in old England long years ago a young Arab stallion put on quite a show by running his rivals right into the ground now through Australia his name is renowned (Chorus)

Here's to Shahzada one hell of a ride Here's to the riders, the strappers who tried Here's to St Albans, the committee and crew Here's to the horses all honest and true

(2)

1981, well that year found us there the first of the riders and strappers that dared

to take up the challenge, rewrite the rules 14 brave horses and one long-eared mule (Chorus)

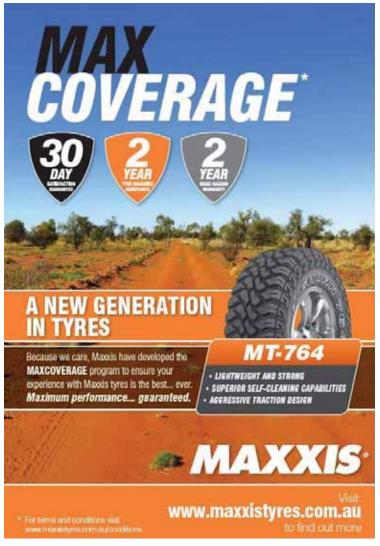
(3

Now Winton to Longreach they say was pretty tough and down there in Tassie well the going gets rough and some say the Quilty's a pretty good test you keep the others cos we've got the best (Chorus)

(4)

The years have rolled by and we're still on the trail sometimes we win and sometimes we fail but to hell with the failures we'll be back next year give the riders who made it a bloody good cheer!

(Chorus)







The Barn Canteen

2 Wharf Street ST ALBANS NSW 2775
Open 25" Aug — 31" Aug 2018 6:30am — 8pm
Saturday 1" Sept 2017 for Breakfast from 7am — 11am

Drinks

\$1	\$2.50	\$2	\$2	
Tea	- 8	Soft Drink Cans	Bottled Water	

Something Sweet

All Day Menu

Big Breakfast......\$15
(Bacon, Sausage, 2 Eggs, 2 Hush Browns, 2 Toast)

Wedges with sweet chilli & sour cream	\$5
Sausage & Egg Wrap	
Bacon & Egg Wrap	\$5
Bacon & Egg Roll Chicken & Coleslaw Wrap Bacon Sausage & Egg Wrap Chicken Schnitzel Burger	
	\$5
	\$6
-	\$6
	\$6.50
(Chicken Schnitzel, Lettuce, Mayonaise)	
Barn Burger	\$6.50
(100% Beef patty, Onion, Lettuce, Tomato, Beetroot)	
Cheese Burger	\$7
(100% Beef patty, Onion, Lettuce, Tomato, Beetroot, Cheese)	
Bacon & Cheese Burger	8\$
(100% Berl patty, Onion, Lettuce, Tomato, Beetroot, Cheese, Bacon)	
Belly Buster Burger	\$12
(2 100% Beef pattles, Onlon, Lettuce, Tomato, Beetroot, Cheese, Egg, Bacon)	
Large Chicken Dim Sim	\$2.50
Prawn Twisters	\$10 for 6
Chicken & Garlic Balls	\$6 for 3
Hash Brown	\$1
Chiko Roll	\$3.50
Spring Roll.	
Homemade soup of the day	\$3
Sandwiches of the Day.	\$4
Chicken & Quinoa Salad	\$8

The Barn Canteen

2 Wharf Street ST ALBANS NSW 2775
Open 25th Aug – 31th Aug 2018 6:30am – 8pm
Saturday 1th Sept 2017 for Breakfast from 7am – 11am

Dinner 6pm – 8pm

Sunday 26th Aug -	Sunday Roast Lamb with vegetables & gravy \$16

Monday 27st Aug -	Creamy Chicken & Mushroom Penne Pasta \$12
	Seafood Basket Chips & Asian Crispy noodle Salad \$15
	* * *
Tuesday 28 th Aug -	Beer Battered Fish (New Zealand Whiting) & Chips \$15
	Beef Stroganoff with rice \$12

Wednesday 29th Aug - Butter Chicken with Rice & Naan Bread \$15
Salt & Pepper Calamari, Chips & Salad \$15

Thursday 30th Aug - Chicken Schnitzel Chips & Salad \$15
Curry Prawns & Rice \$18

Friday 31st Aug - Crumbed Lamb Cutlets with mash potato & peas \$20 (2 cutlets) \$25 (3 cutlets)

Menu Subject to Change

Bangers & mash potato, peas with gravy \$10

\$6

Yoghurt, Honey & Chia with Fruit

The Settlers Arms Inn

The historic sandstone 1836 St Albans Inn serves lunch daily from 12 noon to 3.30pm and dinner on Friday, Saturday and Sunday evenings.

Dinner in the dining rooms near the open log fire is from 6pm to 9.30pm. The fully licensed hotel bar service is available from 11am to 10pm Sunday to Thursday

and 11am to midnight on Friday and Saturday.

Comfortable accommodation is available in the Garden rooms.

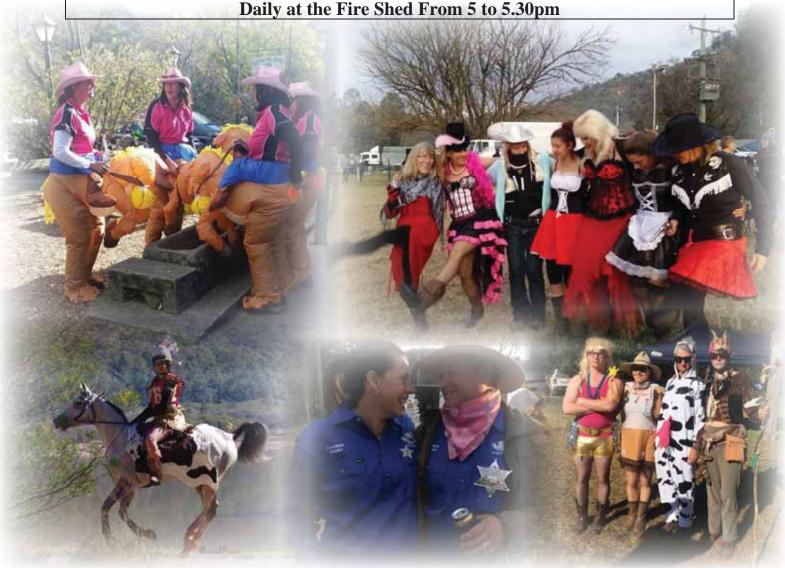
For more information including photographs: www.settlersarms.com.au

Bookings via email form on web site.

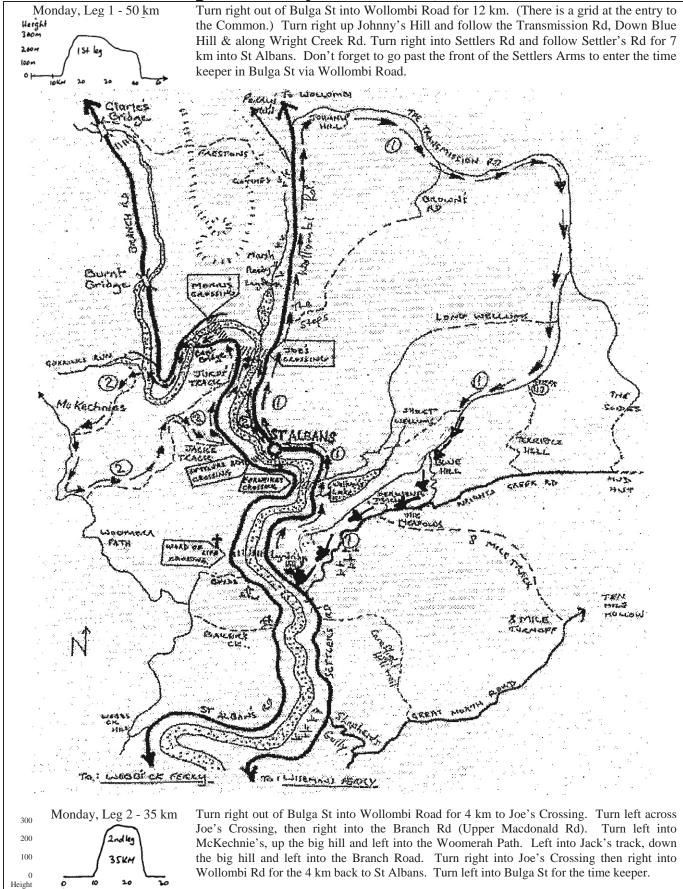
Phone (02) 4568 2111

The Fire Brigade

Will have bags of Ice for sale at \$5.00 Daily at the Fire Shed From 5 to 5.30pm

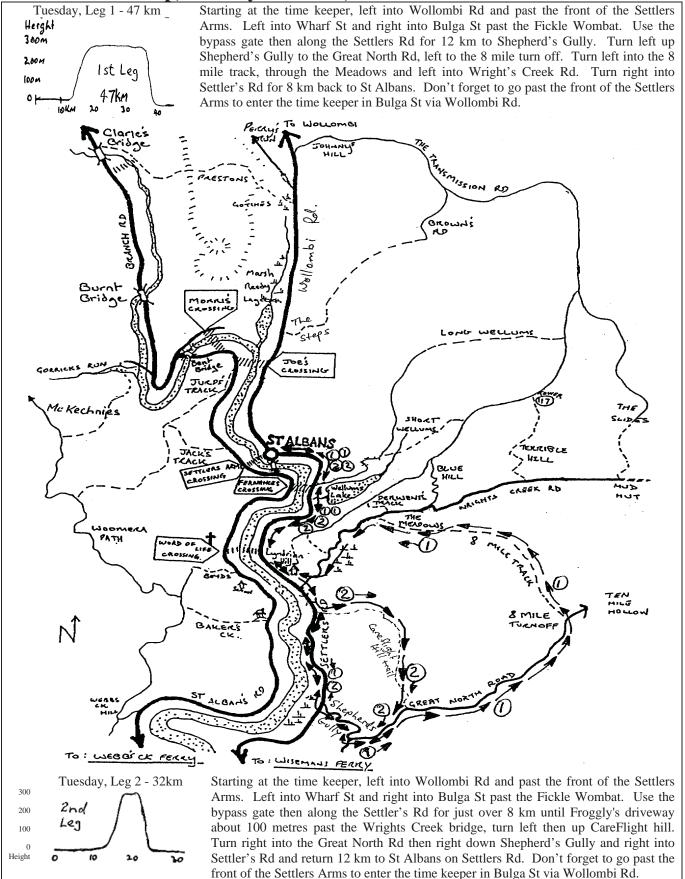


400km ride Map, Monday 27/8/2018, Markers are RED



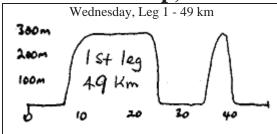
Riders must allow spacing of several horse lengths on steep or narrow sections of the course. When a gate on the course is closed, always close it after going through.

400km Ride Map, Tuesday 28/8/2018, Markers are BLACK or WHITE.

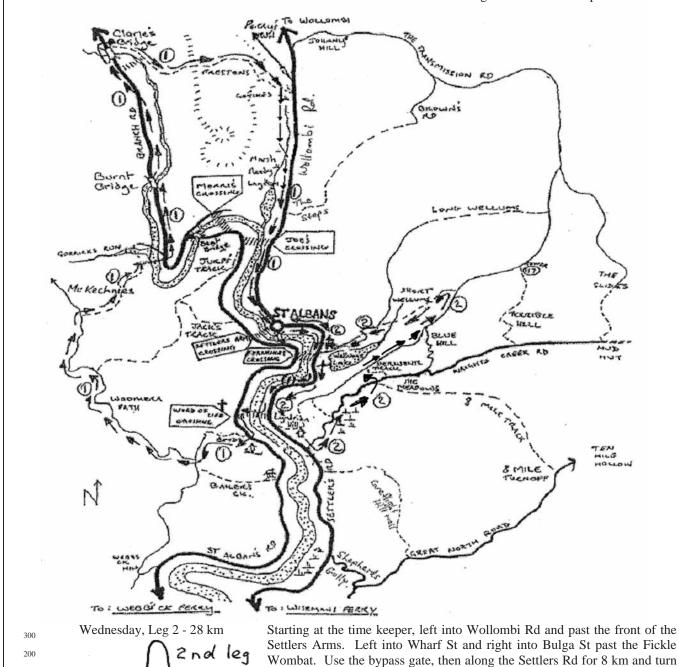


Riders must allow spacing of several horse lengths on steep or narrow sections of the course. When a gate on the course is closed, always close it after going through.

400km Map, Wednesday 29/8/2018, Markers are BLUE



Starting at the time keeper, left into Wollombi Rd and past the front of the Settlers Arms. Left into Wharf St and right into Bulga St past the Fickle Wombat. Use the bypass gate then along the Settlers Rd for 4 km and right into the Word Of Life crossing. Left into St Albans Rd for 2 km (sealed, no verges) then right up Boyd's hill to the Woomerah path. Turn right and along Woomerah path and turn right down the big hill in McKechnies to the Branch Rd. Turn left into the Branch Rd and right after Clarie's bridge, over Prestons and follow the markers running parallel with Wollombi Rd. Into Wollombi Rd north of the lake to return to St Albans and left into Bulga St to the time keeper.



Riders must allow spacing of several horse lengths on steep or narrow sections of the course, especially Boyds, McKechnies and Prestons.

left into Wrights Creek Rd. Left up Derwents track & right into the Transmission Rd, past Blue Hill & left to Short Wellums. Right on Settler's

Rd for 2 km and return to St Albans. Don't forget to go past the front of the

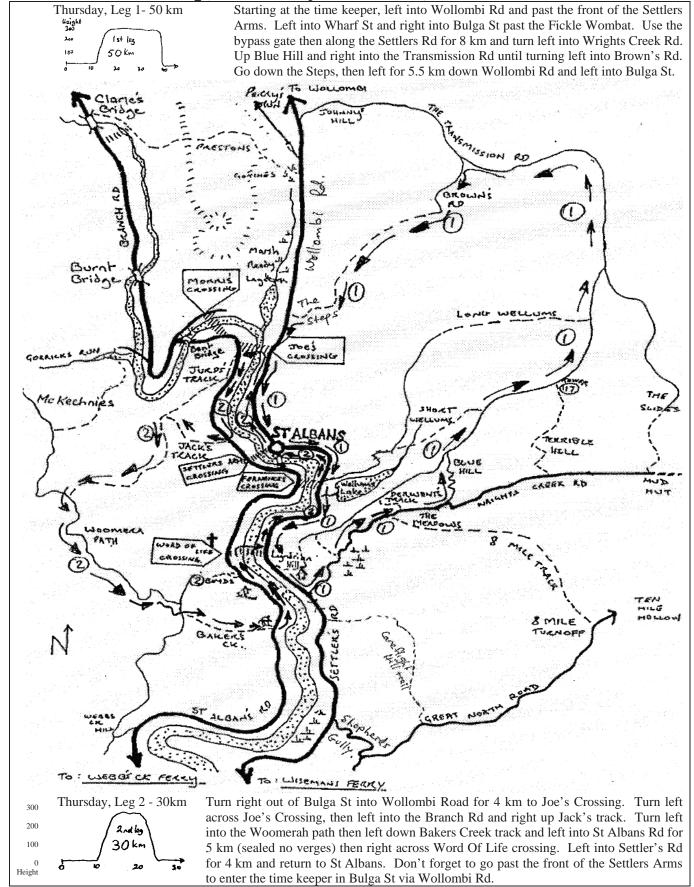
Settlers Arms to enter the time keeper in Bulga St via Wollombi Rd.

28 Km

100

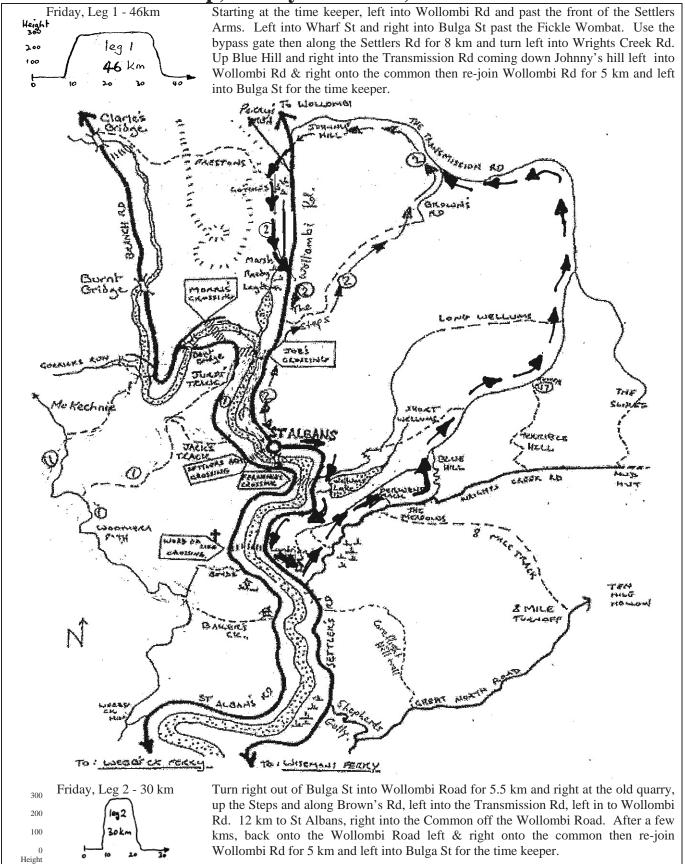
Height

400km Ride Map, Thursday 30/8/2018, Markers are GREEN



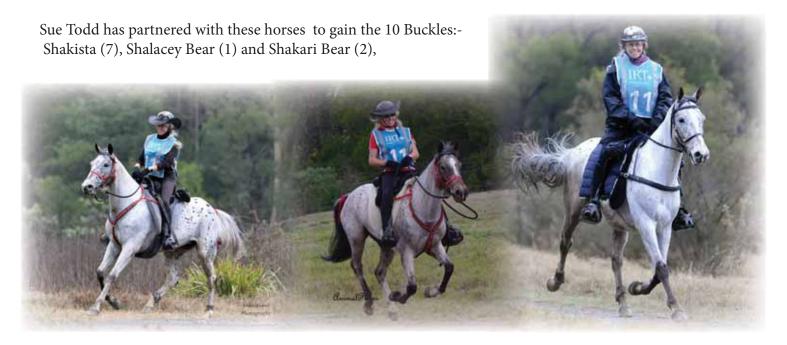
Riders must allow spacing of several horse lengths on steep or narrow sections of the course, especially The Steps. When a gate on the course is closed, always close it after going through.

400km ride Map, Friday 31/8/2018, Markers are GOLD



Riders must allow spacing of several horse lengths on steep or narrow sections of the course, especially The Steps. When a gate on the course is closed, always close it after going through.

Congratulations Sue Todd and Alix Jones who both achieved their 10th Shahzada Buckle in 2017



Alix has partnered with these horses to gain the 10 Buckles:- Dammah - Nioka Park Sorceress - Valinor Park Opal - Shellal Cattle King Flyte - Al Marah Gypsy Red - Wondjina Stardust - Ralvon Milarna











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